

BSc (Hons) Sports Coaching and Exercise Science (Top-Up)



Course Overview

This course allows students who currently hold a foundation degree or Higher National Diploma (HND) in Sports Coaching and Exercise Sciences or related discipline to complete further study to top up their qualification and obtain a full honours degree.

The course combines work-based learning with academic study and focuses on meeting the knowledge and skills shortages of the industry. This course has excellent links with local sporting organisations and schools, so you can expect to develop the skills which employers really value. Students will develop important academic writing skills and learn to apply theory to practice, evaluate concepts and theories in the multidisciplinary nature of Sports Coaching and Exercise Sciences. This provides a challenging, vocationally led curriculum, using work based knowledge and real life scenarios, allowing development of a range of transferable skills, abilities and competencies necessary for a successful career.

Employability is a key theme of the programme and the team are currently working closely with many professional teams such as Wakefield Trinity, Castleford Tigers and a number of key providers for students to undertake voluntary work to complement their academic programme.

What You Will Study

Modules studied can include:

- Physical Activity and Health Promotion (20 credits)
- Undertaking Specialist Roles in Sport and Exercise (20 credits)
- Applied Physiology (20 credits)
- Research Methods Processes and Planning (20 credits)
- Dissertation (40 credits)

Attendance Expectations

2 days per week.

How You Will Be Assessed

The programme includes a varied range of academic and vocational assessments designed in line with employer consultation to provide you with the key skills and attributes necessary for working within the sports coaching industry. These include: group presentations, portfolios, laboratory work, progress files, simulations, blogs and,

START DATE

September 2026

LEVEL

Level 6

STUDY MODE

Full-time

DURATION

1 year

AWARDING BODY

University of Hull

LOCATION

Wakefield College



For further information about this course, including Entry Requirements, Assessments and Further Study, scan the QR code.

Need More Information?

For additional course information please contact the Course Information Team on **01924 789111** or email courseinfo@heartofyorkshire.ac.uk.

To learn more about Wakefield College, our facilities and how we can support you please visit our website www.heartofyorkshire.ac.uk.

Quick Links



How to
Apply



Student
Support



Virtual
Tours

open book examinations.

Entry Requirements

Foundation Degree in Sports Coaching and Exercise Sciences or a similar subject. Applicants with other Level 5 qualifications in appropriate subjects may also be considered.

Fee Information

£7,400.

Further Study

Students successfully completing the BSc (Hons) in Sports Coaching and Exercise Sciences can continue externally onto a level 7 programme at another institution.