

Certificate in Understanding Mental Health



Course Overview

Throughout this course you will develop your knowledge and understanding of:

- Mental health legislation, services and public attitudes and how these have evolved
- How to support mental well-being through various stages of life
- Mental ill health, treatment options available and the potential consequences of mental ill health
- The skills required to work in a mental health service.

What You Will Study

This course is made up of 5 units

- Understanding the context of mental health and wellbeing
- Promotion of mental health and wellbeing
- Mental health problems: associated issues and consequences
- Understanding mental ill health
- Working in mental health

Attendance Expectations

There are no lessons to attend, though we would expect you to undertake 5-10 hours of learning a week.

How You Will Be Assessed

You will be assessed through a range of assessment methods, including short answer questions and longer essay style questions.

Entry Requirements

There are no formal entry requirements for this course.

Fee Information

Funding for this course depend on your age, previous qualifications and income.

Further Study

Upon completion of this course you could progress to other courses in mental health

START DATE

Available to enrol from August 2025

LEVEL

Level 3

STUDY MODE

Part-time

DURATION

12 months

AWARDING BODY

TQUK

LOCATION

Online Learning



For further information about this course, including Entry Requirements, Assessments and Further Study, scan the QR code.

Need More Information?

For additional course information please contact the Course Information Team on **01924 789111** or email courseinfo@heartofyorkshire.ac.uk.

To learn more about the Heart of Yorkshire Education Group, our facilities and how we can support you please visit our website www.heartofyorkshire.ac.uk.

Quick Links



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