HEART OF YORKSHIRE EDUCATION GROUP COURSE INFORMATION:

# Certificate in Understanding Mental Health

HEALTH, SOCIAL CARE & WELLBEING

## Course Overview

Throughout this course you will develop your knowledge and understanding of:

- Mental health legislation, services and public attitudes and how these have evolved
- How to support mental well-being through various stages of life
- Mental ill health, treatment options available and the potential consequences of mental ill health
- The skills required to work in a mental health service.

## What You Will Study

This course is made up of 5 units

- Understanding the context of mental health and wellbeing
- Promotion of mental health and wellbeing
- Mental health problems: associated issues and consequences
- Understanding mental ill health
- Working in mental health

## Attendance Expectations

There are no lessons to attend, though we would expect you to undertake 5-10 hours of learning a week.

## How You Will Be Assessed

You will be assessed through a range of assessment methods, including short answer questions and longer essay style questions.

## Entry Requirements

There are no formal entry requirements for this course.

## Fee Information

Funding for this course depend on your age, previous qualifications and income.

## Further Study

Upon completion of this course you could progress to other courses in mental health

**START DATE**
Available to enrol from August 2026

**LEVEL**
Level 3

**DURATION**
12 months

**STUDY MODE**
Part-time

**LOCATION**
Online Learning

**AWARDING BODY**
TQUK

**For further information about this course, including Entry Requirements, Assessments and Further Study, scan the QR code.**

## Need More Information?

For additional course information please contact the Course Information Team on **01924 789111** or email **courseinfo@heartofyorkshire.ac.uk**.

To learn more about the Heart of Yorkshire Education Group, our facilities and how we can support you please visit our website **www.heartofyorkshire.ac.uk**.

## Quick Links

**How to Apply**

**Student Support**

**Virtual Tours**

Heart of Yorkshire Education Group