

# Diploma in Progressions to Further Study in Health Science Professions



## Course Overview

This is a nationally recognised qualification aimed at those looking to return into education and need to develop their academic studies prior to moving on to a level 3 qualification.

Through completing this course, you will develop key study skills including academic writing skills along side gaining a foundation knowledge of health-related subjects.

This course is a fully online course, with no lessons to attend, you can arrange 1:1 tutorials with your personal tutor to support your progress on the course.

## What You Will Study

Throughout the course you will study:

- Nutrition, Performance and Healthy Eating
- Physiology and Exercise
- Human Physiology
- Human Health and Disease
- Human Sex and Reproduction
- Developing Personal Study Skills
- Skeleton and Muscles
- Academic Writing Skills
- Prejudice and Discrimination
- Understanding Mental Health
- Introduction to Health Studies
- Understanding the Physical Development of Children and Young People

## Attendance Expectations

There are no live lessons to attend, this is a fully online course.

## How You Will Be Assessed

Throughout the course, you will complete a range of end of unit assessments, including, short written answers, multiple choice questions and long written answers.

There are no exams on this course.

### START DATE

From August 2026

### LEVEL

Entry Level 2

### STUDY MODE

Part-time

### DURATION

6 -9 months

### AWARDING BODY

Skills & Education Group Access

### LOCATION

Online Learning



For further information about this course, including Entry Requirements, Assessments and Further Study, scan the QR code.

## Need More Information?

For additional course information please contact the Course Information Team on **01924 789111** or email [courseinfo@heartofyorkshire.ac.uk](mailto:courseinfo@heartofyorkshire.ac.uk).

To learn more about the Heart of Yorkshire Education Group, our facilities and how we can support you please visit our website [www.heartofyorkshire.ac.uk](http://www.heartofyorkshire.ac.uk).

## Quick Links



How to Apply



Student Support



Virtual Tours



## Entry Requirements

There are no formal entry requirements for this course, though a good standard of written English is required.

## Fee Information

Funding is available for this course subject to Post Code.

## Further Study

Upon completion of this course, you may be able to progress to Access to HE in health or science related studies, subject to meeting the entry requirements

