

Level 1 Health & Social Care



Course Overview

This Health and Social Care study programme provides the knowledge needed when working in a health and social care environments, caring for young people, adults, and the elderly.

The programme covers a wide range of areas including; supporting individuals with their physical and emotional care, daily living needs and health care procedures.

Learners will take part in external visits and have guest speakers within the College, to gain an understanding of the skills and professional behaviours required when working in the care industry.

Your learning will take place through a wide range of activities including written assignments (including leaflet and poster making), practical activities, discussions, visiting speakers, tutor presentations, group work, workshops, creating materials and resources, and practical experience in both the classroom and if appropriate within a Health & Social Care setting.

What You Will Study

This course will cover a range of the topics and units at each level, some of which are listed below:

- Development through Play
- Equality and Diversity
- Safeguarding
- Human Growth and Development
- Effective Communication
- Healthy Eating

How You Will Be Assessed

At Level 1 you will be assessed by a range of methods including oral questioning, portfolio building, posters, written assignments practical tasks.

Entry Requirements

No formal entry requirements.

Further Study

On completion with the appropriate Pass and English and Maths grades you can progress through the levels.

START DATE

September

LEVEL

Level 1

STUDY MODE

Full-time

DURATION

1 year

AWARDING BODY

NCFE CACHE

LOCATION

Selby College



For further information about this course, including Entry Requirements, Assessments and Further Study, scan the QR code.

Need More Information?

For additional course information please contact the Course Information Team on **01924 789111** or email **courseinfo@heartofyorkshire.ac.uk**.

To learn more about Selby College, our facilities and how we can support you please visit our website **www.heartofyorkshire.ac.uk**.

Quick Links



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