

Preparing to Work in Adult Social Care



Course Overview

This course is for those who are interested in making a meaningful contribution to the well-being of vulnerable adults in our society and is designed specifically for individuals seeking to prepare themselves for a rewarding career in adult social care.

This course is free and fully online course, consists of 9 units, and will provide the essential knowledge and skills required to excel in adult social care. This course delves into crucial topics such as maintaining health and safety standards, effective communication strategies, respecting consent, and handling critical situations with confidence.

Successfully completing this course will provide a Level 2 qualification in adult social care, demonstrating expertise and commitment to ensuring that vulnerable adults receive the care they deserve.

What You Will Study

- Principles of Personal Development in Adult Social Care Settings
- Principles of Diversity, Equality and Inclusion in Adult Social Care Settings
- Principles of Safeguarding and Protection in Health and Social Care
- Introduction to Duty of Care in Health, Social Care or Children's and Young People's Settings
- Understand the Role of the Social Care Worker
- Understand Person Centred Approaches in Adult Social Care Settings
- Understand Health and Safety in Social Care Settings
- Understand How to Handle Information in Social Care Settings
- Principles of Communication in Adult Social Care Setting

How You Will Be Assessed

Written questions which will be marked by the tutor.

Entry Requirements

There are no specific entry requirements however learners should have a minimum of Level 1 in English and Maths or equivalent.

Fee Information

This is a free course.

Further Study

Successful learners can progress to other qualifications such as:

- TQUK Level 2 Diploma in Care (RQF)
- TQUK Level 3 Diploma in Adult Care (RQF)
- TQUK Level 3 Diploma in Healthcare Support (RQF)

START DATE

Available to enrol
from August 2026

LEVEL

Level 2

STUDY MODE

Part-time

DURATION

12 weeks

AWARDING BODY

TQUK

LOCATION

Online Learning



For further information
about this course, including
Entry Requirements,
Assessments and Further
Study, scan the QR code.

Need More Information?

For additional course information please contact the Course Information Team on **01924 789111** or email **courseinfo@heartofyorkshire.ac.uk**.

To learn more about the Heart of Yorkshire Education Group, our facilities and how we can support you please visit our website **www.heartofyorkshire.ac.uk**.

Quick Links



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