SELBY COLLEGE COURSE INFORMATION:

Level 1 Introduction to Sport & Public Services

PUBLIC SERVICES
Selby College

SPORT
Selby College

START DATE
September

LEVEL
Level 1

STUDY MODE
Full-time

DURATION
1 year

AWARDING BODY
Pearson BTEC

LOCATION
Selby College

For further information about this course, including Entry Requirements, Assessments and Further Study, scan the QR code.

Course Overview

The course provides a solid foundation of knowledge of Sport and Public Services. You will develop the relevant skills and understanding of these sectors through a series of practical and work skills units. You also cover additional units such as Keeping Active & Healthy, Taking Part in Fitness Testing, Playing Sport and Responding to an Incident.

This one-year programme is designed to prepare you for employment in the sports and public services industries, or build a solid foundation of knowledge for students wishing to progress onto the Level 2 Sport & Public Services courses.

The programme includes a good variety of engaging practical lessons and supportive methods of study. This, alongside trips and visits to local employers such as gyms and expeditions to help students develop their wider skills, is essential for employment within the sector.

On the Level 1 programme you will learn through classroom teaching, practical sessions and activities incorporating IT access.

The College has a designated strength and conditioning suite, gym, sports hall, fitness studio, sports laboratory, and massage suite. Learning incorporates engagement with industry specialists as the course aims to develop wider skills needed within the sector.

The Sport and Public Service team have many years of teaching experience across a range of subjects in both Further and Higher Education.

Our staff also have vast industry experience working in the Public Service sector along with Sports Coaching, Strength & Conditioning, Sports Therapy, Personal Training and Fitness Instructing.

What You Will Study

Modules Include:

- Playing Sport
- Taking Part in Fitness Testing
- Assisting in a Sports Activity
- Keeping Active & Healthy
- Responding to an Incident
- Being Organised
- Developing a Personal Progression Plan

Need More Information?

For additional course information please contact the Course Information Team on **01924 789111** or email **courseinfo@heartofyorkshire.ac.uk**.

To learn more about Selby College, our facilities and how we can support you please visit our website **www.heartofyorkshire.ac.uk**.

Quick Links

How to Apply

Student Support

Virtual Tours

Selby College

- Working with Others
- Researching a Topic

How You Will Be Assessed

All study programme assessment is continuous throughout the academic year.

Theory subjects are assessed through assignments, group work and presentations.

Practical assessments are also continuous through the year, based on practical skills in team and individual sports and the delivery of leadership and sports coaching sessions.

Entry Requirements

3 GCSEs at Grade 9-1.

Further Study

On completion of the Level 1 programme students can progress within the College based on their grading portfolio and attendance record.

Students who are successful will either have the option to progress within the department to Level 2 Sport or Level 2 Public Services. Alternatively, students will also be able to progress to other course areas within college.

On completion of the Level 3 programme students can progress onto Higher Education, an apprenticeship or gain employment. Students looking at moving into Higher Education can continue their studies and gain employment in a number of areas.